

Medications not to take when allergy testing

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Beta-blockers may not be used during allergy testing, because anaphylaxis may be difficult to treat. **Never stop a beta-blocker without first consulting with the physician who prescribed it to you.** Beta-blockers must be discontinued 7 days prior to allergy testing. Examples of medications in this class include (but there may be others) the following:

Acebutolol, AK-Beta, Atenolol, Betagan, Betapace, Betaxon, betaxolol, Betimol, Betoptic, Blocarden, bisoprolol, Brevibloc, carteolol, Cartrol, carvedilol, Coreg, Corgard, Corzide, Cosopt, esmolol, Inderal, Inderide, Kerlone, labetalol, Levatol, levobunolol, levobetaxolol, Lopressor, metipranolol, metoprolol, nadolol, Normodyne, Occudose, Ocumeter, Ocupress, OptiPranolol, pinbutolol, pindolol, propanolol, Sectral, Sorine, sotalol, Tenoretic, Tenormin, Timolide, timolol, Timoptic, Toprol, Trandate, Visken, Zebeta, Ziac

The following medications can interfere with test results and should be discontinued before testing:

Medications marked with an asterisk () should not be discontinued without first consulting the doctor who prescribed it to you.*

Stop 48 hours before testing:

Antivert, Benadryl, Bonine, cyproheptadine, dimenhydrinate, diphenhydramine, doxylamine, Dramamine, famotidine, meclizine, nizatidine, Pepcid AC, Periactin, Phenergan, pheniramine (including pherniramine eyedrops), promethazine, pyrillamine, ranitidine, Zantac

Stop 5 days before testing:

Azatadine, cetirizine, chlorpheniramine, Chlor-trimeton, dexchlorpheniramine, levocetirizine, Optimine, Theophylline, Tussionex, Vitamins A,C,D & E (over 1,000 units per day), Xyzal, Zyrtec

Stop 7 days before testing:

Alavert, Allegra, Ativan*, Atarax, amitriptyline*, brompheniramine, Brovex, Clarinex, Claritin, clonazepam*, desloratadine, Elavil*, fexofenadine, hydroxyzine, imipramine*, Lodrane, loratidine, mirtazapine, Remeron, Tofranil*, Valium*, Vistaril, Xanax*

Stop 10 days before testing:

chlorpromazine, Clemastine, clozapine*, Clozaril*, doxepin*, nortriptyline*, Pamelor*, perphenazine*, Sinequan*, Thorazine*, Zyprexa*

Stop these eyedrops & nasal sprays 7 days before testing:

Alaway, Astelin, Astepro, azelastine, Elestat, epinastine, ketotifen, olopatadine, Optivar, Pataday, Patanase, Patanol, pheniramine (48 hours), Zaditor

Stop these herbal supplements 7 days before testing:

Astragalus, Feverfew, green tea, licorice & licorice root, Milk Thistle, St. John's Wort, saw palmetto

These medications are OKAY to continue taking when you are allergy tested:

Aciphex, Ambien, bupropion, Celexa, dextromethorphan, Effexor, fluoxetine, guaifenesin, lansoprazole, Lexapro, Lotemax eye drops, Lunesta, Medrol, methylprednisolone, montelukast, Mucinex, Nexium, omeprazole, pantoprazole, phenylephrine, Prevacid, Prilosec, Protonix, Prozac, pseudoephedrine, rabeprazole, sertraline, Singulair, Wellbutrin, Zolof

These nasal sprays are OKAY to continue taking when you are allergy tested:

Afrin, Flonase, fluticasone, Nasacort AQ, Nasonex, Ocean, Omnaris, oxymetazoline, saline, Rhinocort, Veramyst

Antibiotics and all asthma inhalers are OKAY to continue taking when you are allergy tested. (3/15)